



Upcoming dates:

Monday 3rd May: Bank Holiday - School closed
Thursday 6th May: Polling day - School closed to pupils



International Mother Earth Day 2021 22nd April 2021

The children had a special assembly to learn more about protecting the earth.

Year 6 really enjoyed helping Sam plant hedgerow saplings on Thursday morning!



Year 5 Nelson Mandela are working in teams to research different environmental issues including causes, effects, facts and what changes we can make to help our planet.

Madiha in Y6 Alfred Russel Wallace with a brilliant choice of book - 'Amazing Muslims who Changed the World' - as her World Book Day prize!

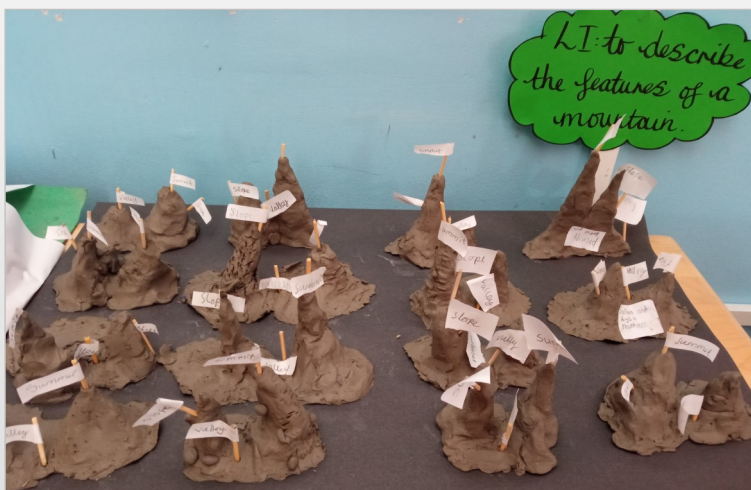




Y3 & Y4 Clay Creations



Y3 have been learning about the amazing Maya people and their culture. This has inspired us to start making our own clay masks using a range of techniques and tools.

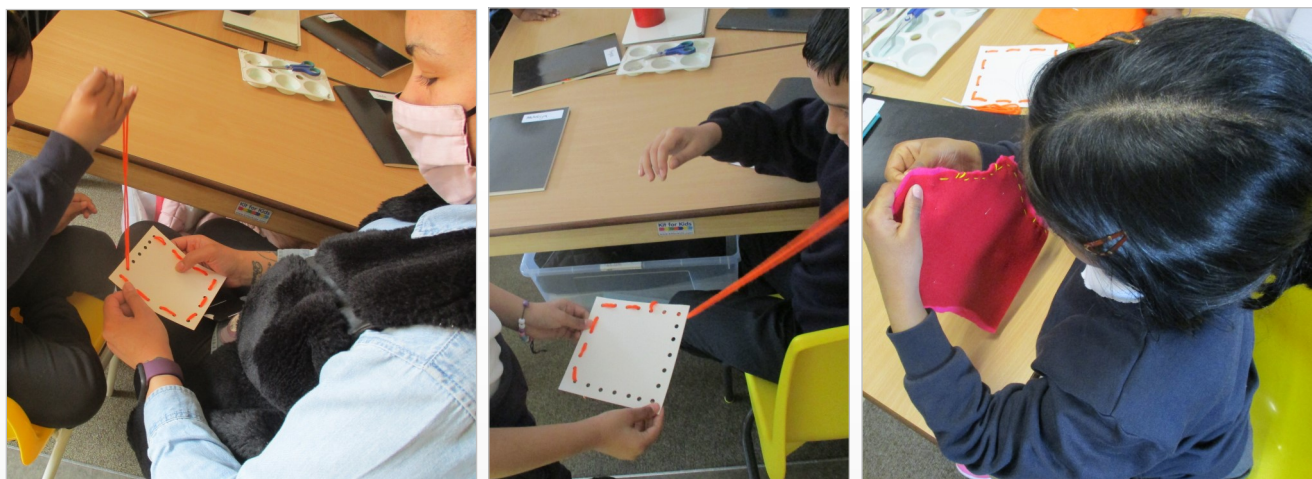


Visit our twitter at https://twitter.com/stebon_primary.

Year 4 really enjoyed learning about the features of a mountain. They made a small mountain model with clay and labelled it with summit, slope and valley. It was great fun!

Rosa Parks class' mountains are above and you can see Hellen Keller class ready to get stuck in!





Y2 have begun their D&T textiles project. We are designing and making puppets. This week, we practised running stitch. This gave us much more confidence when we came to carefully sew our puppet shapes together. Excellent work, Y1 designers!



Adeeb (pictured) and Enayat from Y2 Albert Einstein class made delicious cheesy pasta with broccoli today!

Worry Management for Parents webinar

Tower Hamlets Talking Therapies is running a 'Worry Management for Parents' webinar session on **Wednesday 28th April at 11am**. This webinar will aim to increase parents understanding of anxiety and worry, as well as identify the key worries parents may have from a their perspective but also more generally. The webinar will look at a Cognitive Behavioural Therapy (CBT) technique called Worry Management which will allow you to regain control of your worries and reduce the impact worries may have on your day to day life.

This webinar is open to parents who **live in Tower Hamlets or have a GP in the borough only**. Sign up using the following link. You will be emailed the link to join the session a day prior to the session.

Bangladeshi Mental Health Forum Workshops

Over the last 5 months the Bangladeshi Mental Health Forum delivered online workshops for families and residents in Tower Hamlets. The workshops are now available on their YouTube channel. The following Workshops are available to view on:

<https://www.youtube.com/channel/UCpSvnBfld4ZqK1fJ0uzmSAg/videos>

- How to maintain Emotional Wellbeing (English)
- Supporting Young People and Children's Mental Wellbeing (Bengali)
- Coping through Covid (English)
- Overcoming Low mood and Increasing motivation (English)
- Mental Health Awareness Workshop (Bengali)
- Learning Disabilities and Mental Health (Bengali)
- Supporting Young People Wellbeing (English)
- Managing Worry (English)



https://forms.office.com/Pages/ResponsePage.aspx?id=sITDN7CF9Ueylge0jXdO4997UqnrTKRLg_CwWYJGMNJUNTZDV081VedMTkNMMk5JTUdSTkwXITJYVC4u



Entrance & Exit Times

Please ensure your children are through the allocated gate in time

Nursery: nursery gate between 9:00—9:15 am & 3:00—3:15 pm

Reception: fire engine entrance between 9:00—9:15 am & 3:00—3:15 pm

Year 1: pupil entrance between 9:00—9:15 am & 3:00—3:15 pm

Year 2: main entrance between 9:00—9:15 am & 3:00—3:15 pm

Year 3: fire engine entrance between 9:00—9:15 am & 3:15—3:30 pm

Year 4: car park entrance between 9:00—9:15 am & 3:15—3:30 pm

Year 5: pupil entrance between 9:00—9:15 am & 3:15—3:30 pm

Year 6: main entrance between 9:00—9:30 am & 3:15—3:30 pm

(For the gates that have more than one year group, both will come in at the same time, one on each side of the entrance.)

Breakfast and Tea Time Clubs

Breakfast club will be **50p per day**

Tea Time club will be **£1 per day**

Spaces are currently limited and are for working parents/carers if in a joint household or a single working parent/carer.

To maintain social distancing and bubble allocation, please contact the School Office before hand.

Term Dates 2020-2021

School open: Monday 12 April – Friday 28 May 2021

May Bank Holiday: Monday 3 May 2021

Polling Day (school closed): Thursday 6 May 2021

Half term: Monday 31 May – Friday 4 June 2021

School open: Monday 7 June – Friday 16 July 2021

The school will be closed on Eid celebration days:

Eid-ul-Fitr: TBC 12 May or 13 May 2021

Eid-ul-Adha: Monday 19 July and Tuesday 20 July 2021

After School Club

Only **£5** for the whole summer term.

Payments must be made via Parent Pay.

3.30pm until 4.30pm and will consist of 3 activities:
climbing on the school climbing frame, running on our
Daily Mile track and free play.

Monday - Year 5

Tuesday - Year 4

Wednesday - Year 2

Thursday - Year 3

Friday - Year 6

Please keep in mind:

Breakfast club starts at 8am. Children will not be able to wait in the reception foyer before this time.

The gates are open in the morning from 9:00 - 9:15am for everyone, please try to drop off your children on time.

Remember to wear a face covering and to keep a safe 2m distance from other parents when picking up your children and to collect them on time.

Parents can no longer drive onto the estate, please do not block drives, entrances/exits along Wallwood Street or double park.

Please also remember to be respectful and considerate of the local residents and park accordingly.

A Tower Hamlets helpline to support those who are eligible for the vaccine

There is a helpline available to support those who are eligible for the vaccine. Benefits of the helpline include speaking community languages; supporting those who are digitally excluded; tackling vaccine hesitancy and booking appointments directly with GPs.

Whilst not every young person is eligible for a vaccine right now, there will be conversations going on in households across the borough with parents/grandparents, and others, who are currently eligible, or will be soon. So you can get support by calling **020 7364 3030**.








Stebon Primary School

Lunchtime Menu



April 2021 – October 2021

*Please note, all children will be given the main option unless they have an allergy or are vegetarian.

| |  Monday 'Planet Earth Day' |  Tuesday 'Street Food Day' |  Wednesday 'Traditional Day' |  Thursday 'World Food Day' Italian |  Friday 'Favourites' |
|--------------------------|--|--|--|--|--|
| Main | Vegan Sausages & Creamy Mash with Tasty Onion Gravy | Lamb Burger in a Soft High Fibre Bun with Baked Potato Wedges | Tender Roast Chicken Drumstick | Homemade Classic Beef Pasta Bolognese | Crispy Fish Finger Fillets with Lemon Wedge |
| Sides/ Vegetables | Baby Carrots | Sweetcorn | Roast Potatoes & Fresh Spring Greens | Fresh Broccoli Florets | Potato Crisps & Peas |
| Salads | Tabbouleh Salad / Seasonal Salads | Diced Beetroot Salad / Seasonal Salads | Seasonal Salads | Romaine Salad with Croutons / Seasonal Salads | Homemade Coleslaw / Seasonal Salads |
| Dessert | English Apples and Grapes Selection | A Selection of Melon Slices & Pears | Peach Slices or Pineapple Pieces in Natural Juice | Yoghurt | FRUITY FRIDAY Fresh Fruit Platter |
| Bread of the Day | Fresh Organic Baguette Slices | Fresh Bloomer Wholemeal & White Bread | Fresh Organic Baguette Slices | Fresh Bloomer Wholemeal & White Bread | Fresh Organic Baguette Slices |
| Daily Options | Freshly Baked Wholemeal Bread/Sliced Bloomers or Organic Baguettes / Organic Yoghurts / British Cheese and Crackers | | | | |

Please Note that some dishes maybe subject to local changes to suit individual school needs



GENERIC CAKE



ASSURED
FOOD STANDARD



VEGETARIAN
QUORN



FAIRTRADE



ORGANIC
DAIRY



BRITISH
LAMB



SUSTAINABLE
SEAFOOD



FREE RANGE
EGGS



TOWER HAMLETS



A creative digital workshop for parents and carers

Are you based in Poplar/Tower Hamlets? Are you
a parent, guardian or carer? Would you like a
couple of hours to relax and be creative?

We would love you to join us for our
You Can Art Digital workshops.

We use art in a relaxed and fun way, to allow
you to unwind and think about your wellbeing.

No art experience necessary!

Tues 27th April 10:00-11:30

(Sign up by Sat 24th April)

Tues 4th May 10:00-11:30

(Sign up by Sat 1st May)

To find out more, please visit Poplar Union's website
'What's On'

beside
ourselves

www.poplarunion.com/events/

poplar
Union