Well done to Y6 Alfred Russell Wallace class for 100% attendance this week!





Newsletter October 2021



School will be closed from Monday 25th Oct 2021 to Friday 29th Oct 2021 for half term.

The children will be back in school for the second half of the term on Mon 1st Nov 2021.



Please remember to return Flu vaccination consent forms by Tuesday 19th October to the office.

Your child will also be given a letter about making their choice for each day, this will need to be completed and handed to their class teacher by **Monday 18th October.** The menu can be found on page 3 of the newsletter.







2021-22

Issue 6, 15th

Year 2 learned about following instructions and chronological orders this week in English by making bread.

Brian Cox class showed us the different shapes of bread they made!















Well done to Y6 Alfred Russell Wallace class for 100% attendance this week!



Newsletter

### **Lost property**

Gika will have tables out in the playground for parents/carers to look through lost property every afternoon from **Monday 18th October 2021 until Friday 22nd October 2021.** 

Any items not collected will be disposed of during the half-term holidays.

# Flu vaccinations

The spray is the most effective way to protect children against Flu. However, if you would like your child to receive the Flu Injection (no gelatine) please collect a separate form from school reception.

It is important parents/guardians return 1 form only.

# **School fluoride varnish**

The School fluoride varnish programme will begin again in the new year for children in Nursery - Y1.

# What is the school fluoride varnish programme?

This programme aims to help prevent tooth decay in young children. Tooth decay is still very common in children and it can cause pain, stop children from eating, speaking, sleeping and also learning properly at school. The Department of Health recommends that fluoride varnish is applied at least twice a year to protect teeth.

### What is fluoride varnish?

Fluoride varnish is a pleasant-tasting sticky protective coating which is easily painted on teeth. The golden coating releases fluoride which strengthens teeth, helps prevent tooth decay and can also stop decay in its early stages. The coating disappears by the next day.

### Start & End of the day arrangements Autumn 2021

Gates open for soft start from 8.55 - 9.10am

Children will be greeted at their gates and hand sanitizer

used before entering.

**Nursery** Nursery gate, open at 9am

**Reception** Peace garden gate (next to car park)

Y1 & Y2 Main gate

Y3 & Y4 MUGA/climbing frame gate

Y5 & Y6 Office gate

Parents to all come through main gate to collect,

one way route out.

**Nursery** Nursery gate - 3.30pm

**Reception, Y1 & Y2** Classroom doors - 3.15pm

**Y3, Y4 & Y5** Playground - 3.30pm

Y6 Office gate - 3:30pm

# Key dates for the Autumn 2021 term

2021-22

Issue 6, 15th October 2021

School open: Mon 6 Sep - Fri 22 Oct 2021

Half term: Mon 25 Oct - Fri 29 Oct 2021

School open: Mon 1 Nov - Fri 17 Dec 2021

Christmas Holiday: Mon 20 Dec – Mon 3 Jan 2022

### **Upcoming events:**

Year 5 Disney LIVE performances: NM - Tue 19th Oct, MLK - Wed 20th Oct & MY - Thu 20th Oct all @ 2:30pm

Parent consultations: Week beginning Mon 1st Nov 2021

Christmas events: Week beginning Mon 6th Dec 2021—Fri 17th Dec 2021

Flu vaccination: 19th Nov 2021

Fluoride varnish programme: Thu Mon 31st Jan

2022—Tue 1st Feb 2022

Well done to Y6 Alfred Russell Wallace class for 100% attendance this week!



2021-22





Please note that some dishes maybe subject to local changes to suit individual school needs

Week 1	Monday 'Planet Earth Day'	Tuesday 'Street Food Day'	Wednesday 'Traditional Day'	Thursday 'World Food Day' Turkish	Friday 'Favourites'		
Main	Homemade Salmon & Spring Onion Quiche	Freshly Made Chicken Pie with Gravy served with Creamed Potatoes	Roast Leg of Lamb served with Minted Gravy & Yorkshire Pudding	Beef Koftas served with Pitta Bread, Tzatziki	Crispy Fillet of Fish served with Lemon Wedge & Chips		
Vegetarian	Wholewheat Vegetable Tomato Pasta Bake	Cauliflower, Spinach and Chickpea Curry served with Rice	Tasty Cheesy Potato Hot Pot	Vegetable Moussaka served with Pitta Bread & dips	Crispy Quorn Dippers served with a Barbecue Sauce		
On the Side	Sweet Potato Fries with Peas & Sweetcorn	Fresh Sliced Carrots & Broccoli	Roast Potatoes with Fresh Cauliflower and Freshly Mashed Carrots & Swede	Potato Wedges & Turkish Mixed Salad	Chips, Baked Beans & Garden Peas		
Fresh Salads	Seasonal Salads & Three Bean Salad	Seasonal Salads & Grated Carrot Slaw	Chefs House Salad	Tomato, Parsley & Lemon Salad	Seasonal Salads & Fresh Coleslaw		
Dessert	Seasonal Fresh Fruit Platter	Homemade Short Bread Biscuit & Custard or choice of Fresh Fruit	Seasonal Fresh Fruit Platter	Fresh Fruit Salad	Homemade Carrot Cake & Custard or Fruity Friday Platter		
Daily options	Freshly Baked Wholemeal Bread / Sliced Bloomers or Organic Baguettes / Organic Yoghurts / British Cheese and Crackers						
Week Commencing	1st Nov 2021, 15th Nov 2021, 29th Nov 2021, 13th Dec 2021, 27th Dec 2021 10th Jan 2022, 24th Jan 2022, 7th Feb2022, 21st Feb 2022, 7th Mar 2022, 21st Mar 2022, 4th Apr 2022						

Week 2	Monday 'Planet Earth Day'	Tuesday 'Street Food Day'	Wednesday 'Traditional Day'	Thursday 'World Food Day' Turkish	Friday 'Favourites'		
Main	Freshly Made Margarita Pizza	Homemade Beef Lasagne served with Garlic Bread	Roast Chicken served with Yorkshire Pudding & Gravy	Caribbean Mutton Curry served with Rice and Peas	Jumbo Crispy Fish Finger served with a Wedge of Lemon		
Vegetarian	Wholewheat Spaghetti with Vegetable Meatballs in Tomato Sauce	Lentil & Mushroom Bake served with Garlic Bread	Flaky Pastry Vegetable Roll	Homemade Caribbean Mac & Cheese	Vegetable Samosa served with a Sweet Chilli Dip		
On the Side	Herby Diced Potatoes and Peas & Sweetcorn	Fresh Broccoli Spears and Diced Swede	Roast Potatoes, Fresh Cabbage & Sliced Carrots	Spicy Mixed Vegetable & Rice Salad	Chips, Baked Beans & Peas		
Fresh Salads	Fresh Seasonal Salads	Fresh Crisp Lettuce & Cucumber Wedges	Chef's House Salad	Sweetcorn & Mixed Peppers	Fresh Coleslaw & Seasonal Salads		
Dessert	Seasonal Fresh Fruit Platter	Homemade Rice Pudding served with a Cookle or Fresh Fruit Platter	Seasonal Fresh Fruit Platter	Freshly Made Tropical Fruit Salad	Homemade Beetroot Chocolate Brownie & Custard or Fruity Friday Platter		
Daily options	Freshly Baked Wholemeal Bread/Sliced Bloomers or Organic Baguettes / Organic Yoghurts / British Cheese and Crackers						
Week Commencing	8th Nov 2021, 22nd Nov 2021, 6th Dec 2021, 20th Dec 2021 3rd Jan 2022, 17th Jan 2022, 31st Jan 2022, 14th Feb 2022, 28th Feb 2022, 14th Mar 2022, 28th Mar 2022, 11th Apr 2022						

Well done to Y6 Alfred Russell Wallace class for 100% attendance this week!









2021-22

# **Keeping Children** Safe Online

Learn about your child's on-line world and pick up useful tips to help keep them safe!



Well done to Y6 Alfred Russell Wallace class for 100% attendance this week!





2021-22 Issue 6, 15th October 2021

SUITABLE FOR REGULAR CYCLISTS LOOKING TO PROGRESS CYCLE SKILLS TO THE NEXT LEVEL NO COMPLETE BEGINNERS.

# FREE\* FAMILY CYCLE TRAINING







# AUTUMN DATES 2021

Mon 25 OCT Tue 26 OCT & Thu 28 OCT

Times: 10:00- 12:00

IN EAST SIDE VICTORIA PARK ENTERING FROM PARNELL ROAD POSTCODE E3 2LA

**VICTORIA PARK** 

# **BOOK YOUR PLACE ON**

WWW.BIKEWORKS.ORG.UK/ TOWER-HAMLETS-CYCLE-TRAINING

\*REFUNDABLE £10 DEPOSIT PER FAMILY



Well done to Y6 Alfred Russell Wallace class for 100% attendance this weekl



2021-22



# **Attendance Rewards**

# Phase reward

If a whole phase has 100% attendance on any given day, then everyone in that phase will be treated to an ice cream on that afternoon!

# Half Term reward

The class that achieves the highest attendance by the end of the half term will be rewarded with an exciting party afternoon (21st October approximately).

This means that ALL the children must try to come to school every day!

### Cinema days are back!

If your child is in school every day for the whole Autumn term (from September to December) they will be invited to the school cinema.

### **End of term reward**

One lucky winner from each phase;

- Nursery & Reception
- ☐ Year 1 & 2
- ☐ Year 3 & 4
- ☐ Year 5 & 6



...who has 100% attendance for the Autumn term (September to December) will be selected at random, to win an Ipad.

### **End of year reward**

# THE GRAND PRIZE!

One lucky winner who has achieved 100% attendance and perfect punctuality throughout the whole year (September to July) will be rewarded with a family break!

One name will be selected at random and the lucky family will get to travel somewhere in the UK, up to the value of £500 (T.C apply).





