



# Stebon Primary School's Burdett Gazette

Website: [www.stebon.org.uk](http://www.stebon.org.uk)

twitter: [@stebon\\_primary](https://twitter.com/stebon_primary)

16.06.2023

Issue 33

## Key dates:

**Mon 5 Jun - Fri 21 Jul 2023:**  
School open for Summer term 2

**Thu 22 Jun 2023:** Eco-protectors  
School Sponsored Walk

**Tue 27 Jun 2023:** Class photos

**TBC Wed 28 or Thu 29 June:**  
School closed for Eid ( we will  
confirm next week)

[Click for amended Apr 2023 -  
Oct 2023 lunch menu](#)

[Click for term dates for  
2022/23 & 2023/24](#)

**Congratulations to Y3  
Beethoven class who had  
100% attendance this week!**

## Attendance

**Every day matters – Every  
minute counts!**

Stebon's magic number is  
**97** This is because we are  
aiming for 97% attendance.

**This week's whole school  
attendance was 96%**

Come on Stebon!



## **Hot weather reminder**

As the weather is getting hotter, please remember to put  
sunscreen on your children before coming to school.  
Children can bring a frozen or very cold bottle of water  
to school, sunscreen & a sun hat.



If children are wearing jumpers or sweatshirts when they arrive,  
we will encourage them to take them off once they get to  
school. They can wear a plain white T-shirt or polo shirt with or  
without the Stebon logo.

Shoulders should be covered so no vests please.

Please remember that, for safety reasons, children should not  
wear flip flops or sliders.

We are also taking measures to reduce the impact of the heat  
in school.



**The Eco-Protector sponsored walk** will take  
place next **Thursday 22nd at Mile End  
Park**. Come and join your child and walk a mile  
in aid of the endangered Amur Leopard and for  
Stebon's Eco-Schools green flag accreditation.

Your children now have their sponsor forms for them to retrieve  
sponsors from friends and family. Please keep reading for the timetable  
of the day. You will soon receive an email and a map detailing where  
to meet your child and more 'how to sponsor' information.

Let's see how much money we can raise and help protect these  
beautiful big cats from extinction!

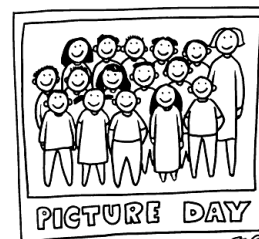
## **Class photos**

We will be taking class photos on **Tuesday 27th June**.

Please ensure your child is in school uniform. Photos will be  
taken outside in the playground, providing the weather is  
suitable.

You will be able to order photos and delivery to the school  
for free. We will share how to place orders once the photos  
are ready.

Please let your class teacher know if you do not give permission for your child to be  
in the class photo,



Please be reminded not to smoke near the school gates when picking up  
your children, thank you



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Stebon School's  
Eco-protectors  
Sponsored walk!  
for more  
Information  
and how  
to sponsor  
to come after  
half term



SAVE Amur leopard!

Maintain our Eco-School's green  
Flag status

Year group	Classes	Arrive at Mile End Park
6	Alfred Russel Wallace David Attenborough	9:45
1	Jessica Ennis-Hill Margot Fonteyn Ade Adepitan	10:15
3	Ella Fitzgerald Ravi Shankar Beethoven	10:45
4 & 6	Rosa Parks Helen Keller Emmeline Pankhurst Joy Adamson	11:15
5	Martin Luther King Nelson Mandela Malala Yousafzai	13:45
2	Brian Cox Marie Curie Albert Einstein	14:15

Nursery and Reception are to take part throughout the week, walking a loop or two of the main school playground with their class. Please see your children's teacher to find out when your child will be taking part in the activity.



Year 3 visited Kew Gardens as part of their Geography learning on Rainforests!







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Following feedback, we have made some changes to the lunches so the menu reflects pupil preferences.

Please find the amended menu attached, it's also here: <https://stebon.org.uk/lunches/>. The first new dish will be served on Monday.

Week 1	 Monday 'Planet Earth Day'	 Tuesday 'Street Food Day'	 Wednesday 'Traditional Day'	 Thursday Italian	 Friday 'Favourites'
Dates	17 Apr - 01 May - 15 May - 29 May - 12 Jun - 26 Jun - 10 Jul - 24 Jul - 07 Aug - 21 Aug - 04 Sep - 18 Sep - 02 Oct - 16 Oct				
Main	Macaroni Cheese	Chicken & Sweetcorn Meatballs Hotdog in Tomato Sauce with Baked Potato Wedges	Roast Garlic & Lemon Chicken with Roast Potatoes & Gravy	Beef Bolognese with Pasta	Cod or Salmon Fish Fingers with Chips
Vegetarian	Jacket Potato with BBQ Beans	Cheese, tomato & Basil Puff Squares with Baked Potato Wedges	Vegetable Patty with Roast Potato	Roasted Vegetable Lasagne	Quorn Dippers with Chips
On the side	Sweetcorn & Peas	Roasted Mediterranean Vegetables	Green Beans & Cauliflower	Broccoli & Carrots	Peas & Baked Beans
Salads	Cucumber Raita / Grated Carrots & Sultanas	Crunchy Coleslaw / Rice Salad	Full House Salad / Couscous Salad	Tomato, Basil & Red Onion Salad / Vegetable Sticks	New Potato Salad / Sweetcorn Salad
Dessert	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Tutti Fruitti Fruit Fool
DAILY OPTIONS - Daily Salad / Fresh Bread / Seasonal Fresh Fruit Platter / Organic Yoghurts					
Week 2	 Monday 'Planet Earth Day'	 Tuesday 'Street Food Day'	 Wednesday 'Traditional Day'	 Thursday Caribbean	 Friday 'Favourites'
Dates	24 Apr - 08 May - 22 May - 05 Jun - 19 Jun - 03 Jul - 17 Jul - 31 Jul - 14 Aug - 28 Aug - 11 Sep - 25 Sep - 9 Oct				
Main	Roasted Vegetable Pasta	Meat Feast Pizza	Chicken Sausages with Mashed Potato & Gravy	Jerk Chicken with Rice & Peas	Battered Pollock & Chips
Vegetarian	Jacket Potato with Baked Beans	Mexican Vegetable Burrito	Vegetable Samosa Chilli Sauce and Rice	Macaroni Cheese	Homemade Spicy Bean Burger with Chips
On the side	Green Beans & Curried Roasted Cauliflower	Sweetcorn & Broccoli	Vegetable Medley & Carrots	Green Cabbage & Sweetcorn	Peas & Baked Beans
Salads	Mixed Bean Salad / Rice Salad	Coronation Pasta Salad / Cauliflower & Chickpea Salad	Carrot & Cucumber Ribbons / Beetroot & Spring Onion	Potato Salad / Crunchy Coleslaw	Asian Noodle Salad / Cucumber Raita
Dessert	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Pineapple Cake
DAILY OPTIONS - Daily Salad / Fresh Bread / Seasonal Fresh Fruit Platter / Organic Yoghurts					
Please Note that some dishes maybe subject to local changes to suit individual school needs					







**DID YOU KNOW**

Traditional Italian Pizza always has a thin crust  
There are more than 600 different pasta shapes  
One of Caribbean cuisine's secret ingredient is coconut milk.  
Plantains may look like bananas but have a much thicker skin.  
They have less sugar than bananas and are often served as a savoury side dish or as part of a main dish.



**IMPORTANT INFORMATION:**  
Every effort is made to minimise risk of cross-contamination. However, it should be noted that our food is prepared in a kitchen where known allergens may be present and therefore the risk of cross-contamination remains a risk. Please ask staff for further details regarding specific dietary requirements and/or allergens.

Welcome to my NEW MENU, packed full of great healthy recipes with the ingredients you love...Enjoy  
Chef Hassane Taleb







# UPSKILLING FOR PROMOTION

(TO HELP IMPROVE YOUR MATHS)

**STARTING FROM TUESDAY 13TH JUNE**  
**09:15 AM - 12:00 PM**

This 6 week course will run at  
Stebon Primary School every  
Tuesday starting on the 13th  
June. No registration required.

On this pathway, we will look at developing  
your personal confidence with maths, data  
handling, and statistics at work

You will:

- Gain confidence in using Microsoft Excel
- Improve your understanding of statistics and data handling
- Develop your knowledge of using percentages fractions



[HTTPS://WWW.NCCLONDON.AC.UK/](https://www.ncclondon.ac.uk/)



FREE  
EVENTS

# SUMMER OF Festivals

JUNE - SEPTEMBER 2023

SCAN ME



Come along for family friendly events, packed with activities, health and wellbeing services, music and food!



- **ST PAUL'S WAY, E3**  
Saturday 24th June 2023  
12 - 4pm
- **CHRISP STREET, E14**  
Thursday 6th July 2023  
3 - 6pm
- **OUR TEVIOT, E14**  
Saturday 8th July 2023  
12 - 4pm
- **BRITISH ESTATE, E3**  
Saturday 22nd July 2023  
12 - 4pm
- **BARKANTINE, E14**  
Saturday 5th August 2023  
12 - 4pm
- **POPLAR PICNIC, E14**  
Saturday 19th August 2023  
12 - 4pm
- **BROMLEY BY BOW, E3**  
Wednesday 23rd August 2023  
12 - 4pm
- **SAMUDA ESTATE, E14**  
Wednesday 6th September 2023  
3 - 6pm

For more information, please email [info@wellone.co.uk](mailto:info@wellone.co.uk) or visit [wellone.co.uk/summerofwellbeing](http://wellone.co.uk/summerofwellbeing)



# Family Fun!

Ideas to support learning, play and well-being.

## Green Butterfly Craft

using nature's own materials



## Green Craft

Visit your local park and collect leaves, flowers, twigs, sticks or any natural materials left on the ground or grass, (please do not pick flowers or leaves from the tree). To make your green butterfly, you will need four leaves, one stick and a long stem. Place the stick on the table and position the four leaves either side of the stick, (refer to the photo on the left). Then, wrap the leaves and stick together using the stem.

Try making your own insects using natural materials.

## Go on a Bug Safari

Let's go on a Bug Safari...

Enjoy exploring the natural environment and develop young minds. Visit your garden, plan a trip to the local park, or woodland park. Take a shovel, magnifying glass, or see-through pots.

Search for mini beasts everywhere- under logs and rocks, beneath pots, on leaves, in the grass and on the walls. Just remember to be very gentle to avoid hurting these tiny creatures. I wonder what bugs you will discover on your safari...

Look out for a wolf (spider), dragon (fly) or tiger (moth) in your green patch?



## Homemade fruit Ice lollies

As the weather is getting warmer enjoy making your own ice lollies at home.

### Ingredients:

1 banana (slice into small pieces)  
4 strawberries (slice into small pieces)  
Handful of blueberries  
240ml of apple juice  
Ice lolly moulds

### Method:

1. Place the fruits inside the ice lolly moulds, until nearly full.
2. Pour the apple juice inside the mould, then carefully insert the lollypop stick inside.
3. Place the moulds in the freezer for 6 hours or overnight. Enjoy!





The Tower Hamlets Independent SEND Parent Forum in partnership with Tower Hamlets Parent & Carer Council would like to invite parents and carers to

# Let's Talk SEND Information Marketplace & Family Fun Day

An information event for parents, carers and young people with Special Educational Needs and/or Disabilities (SEND) with fun family activities for all families to enjoy

**Saturday 17 June 2023, 10am-2pm**

(Drop-in, no booking required)

**St Paul's Bow Common, Burdett Rd, London, E3 4AR**

Parents and carers are invited to a family fun day and information event, with arts and crafts activities, sensory story telling and fun activities for families to enjoy.

There will also be an information marketplace with stalls and updates from education, health and community services that support children with special educational needs and disabilities (SEND) or an Education, Health and Care Plan.

Parents will be able to book 'bitesize' 10 minute surgeries on the day with services that support families who have children with SEND – a suggestion made by parents at a 'Let's Talk SEND' information event held last November.

The event will be focused on providing information to families who have children with SEND

but all Tower Hamlets families are welcome to attend to gain information and join in with activities on the day.

## Agenda

**10am – 2pm:** Fun family activities and information marketplace stalls open.

**10.15 – 10.45am:** Find out how you can join local parent forums and support groups with an update from the Tower Hamlets Independent SEND Parent Forum and the Parent and Carer Council.

**11am – 1pm:** Tower Hamlets bitesize SEND support surgeries for parents.

SEND support surgery slots are limited and will be allocated on a first come, first served basis on the morning, covering the following topics:

- Education, Health and Care Plans
- Post 16 options
- Sporting programmes

Find out how to get involved in local parent forums, support groups and volunteering opportunities



## CONTACT US

For more information  
contact: THSEND Parent Forum  
Tel: 07498573872  
Email: [Thsendforum@gmail.com](mailto:Thsendforum@gmail.com) or  
[parentalengagement@towerhamlets.gov.uk](mailto:parentalengagement@towerhamlets.gov.uk)

If your service would like to book a stall  
please scan the QR code



# WOMEN'S ECONOMIC ADVICE HUB

Faith Regen Foundation is holding **Financial Mentoring Sessions** in Tower Hamlets from May 2023 - October 2023

## Essential Eligibility criteria:

- (i) Female 18+
- (ii) From Tower Hamlets Borough

## Desirable eligible criteria:

Current victims/historical victims of Domestic Abuse

## Session outline

1:1 case work to understand your financial situation

Financial IAG - analyse income, expenses, debt and assets and setting financial goals

Household budgeting sessions to reduce expenses and develop a tailored financial plan

Understand household utilities management, transport, banking and security, savings, etc.

*and much much more!!*

**Call Shanjida on: 07951276749** to attend the next session or **email t.habib@thefrf.org** for further details



Funded by The Merchant  
Taylor's Foundation





# Keeping Children Safe Online

Free online safety session for parents delivered on **ZOOM** by the Parental Engagement Team.

**Primary school age range: Wednesday 21<sup>st</sup> June, 10 – 11.30am**

**Secondary school age range: Wednesday 5<sup>th</sup> July 10 – 11.30am**

The internet is amazing. Children can play, learn create and connect, opening up a world of exciting possibilities, but do you worry about the amount of time your child is spending online, using social media or playing computer games? Would you like to find out about your child's on-line world and pick up useful tips to help keep them safe?

For more details and to register to attend please email,  
**[parenting@towerhamlets.gov.uk](mailto:parenting@towerhamlets.gov.uk)**



SUMMER  
HOLIDAYS

# PREMIER HOLIDAY CAMPS



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# PREMIER CAMPS NEAR YOU

## Gallions Primary School

Multi-Activity

24<sup>th</sup> July-25<sup>th</sup> August (Mon-Thurs)

9am-3pm

\*Early Bird 30% discount price available online until 7<sup>th</sup> July

We have lots of exciting activities planned throughout, please find a detailed breakdown on our website!

## Hallsville Primary School

Multi-Activity & Girls Football

24<sup>th</sup> July-25<sup>th</sup> August

9am-3.30pm

We  
accept  
childcare  
vouchers  
at this  
venue!

## Please Bring

A packed lunch  
Plenty of water  
Suitable clothing  
Loads of energy!

Mix it up during the school holidays with our multi-activity holiday camps!

These camps are a perfect blend of activities for all ages, combining different sports with a variety of team games.

Every day is different, with a mix of fun activities that children may not have tried before – from dodgeball to fencing, lacrosse to cheer.

**Book now** for a Summer full of fun!



Treat your Friends  
**TO 20% OFF...**and Get  
**20% OFF TOO!**

\*Ts&Cs apply. Refer a Friend discount on new bookings only.